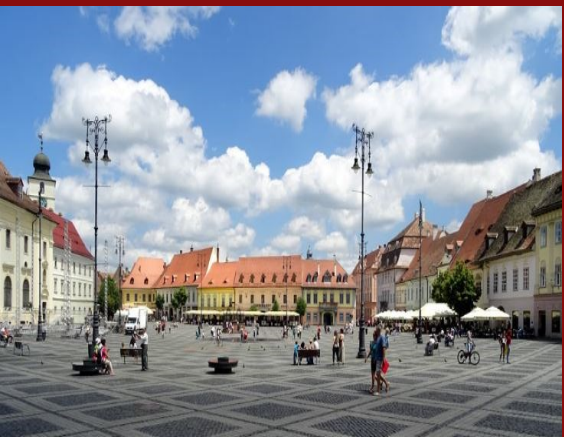




**ISATT 2019 CONFERENCE  
SIBIU, JULY 1<sup>st</sup> - 5<sup>th</sup>, ROMANIA**



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## CONFERENCE INVITATION

Thank you for giving us the great opportunity to share our vision for the 19<sup>th</sup> Biennial ISATT Conference 2019. It will be our pleasure to welcome delegates from around the world and to learn from all the valuable expertise gathered here in Sibiu.

The ISATT Conference gives us a wonderful opportunity to join experts, teachers and practitioners around the most important debates about Education in today's world.

The University of Sibiu is a public university in Romania founded in 1990, named after the philosopher, poet, and playwright, Lucian Blaga. In a highly interconnected and interactive world, ULBS could keep in the mainstream of academic events only by promoting international cooperation. The Teacher Education Department is represented by experts in Education, Arts, Music and Management, with an important national and international experience in the educational area.

Sibiu is a pedestrian - friendly city in Transylvania with two easily accessible levels: the Upper town, home to most of Sibiu's historic sights, and the Lower town, lined with colorful houses and cobblestone streets and bounded by imposing city walls and defense towers overlooking the river Cibin. It is a city with a proud German heritage, which was the European Capital of Culture in 2007. Transylvania was one of the most powerful and prosperous strongholds in Europe. We are pleased to join you to discover one of the most beautiful cities in Romania, which is offering breath-taking views around every one of its many twists and turns.

We invite candidates to contribute to the conference theme: **“Education beyond the crisis: new skills, children's rights and teaching contexts”**. The particular interest is to interrogate our own attitudes about education and children's rights in a challenging and constructive way. It is a huge chance to examine attitudes towards and experiences of childhood. The Conference will draw a wide range of thoughts, research and practice from different countries to debate, challenge and re-appraise long held beliefs, attitudes and ways of educating children. Children's own perspectives on their lives and on adults' attitudes towards them will be the focus of this event.

We cordially invite you to join us in becoming aware of current perspectives on children and childhood, to develop a critical relationship with the content and to develop your own “reading” of “Education beyond crises”.

Our own enthusiasm and efforts of the teachers from the University of Sibiu combined with the delegates' participation and motivation will make the conference a rich environment in sharing new ideas and promoting critical and creative thinking. The program will be filled with stimulating plenary lectures, thought-provoking presentations as well as engaging workshops and roundtables.

It will be a real pleasure to welcome you to Sibiu for ISATT 2019 Conference. We look forward to having the chance to show you our city, a warm town which has been declared a beautiful city in the heart of Romania.

## CONFERENCE THEME

### **Education beyond the crisis: new skills, children's rights and teaching contexts**

In recent times, we have seen the growth of new attention to childhood. Radical questions are challenging long-held attitudes and beliefs about children. Recent studies reveal that the impetus for change in Education is energetic and powerful. This new findings call for a new perspective on teacher training, raising the question: How should the next generation of teachers be trained?

Today's society is different and challenging. In the last decade, the change has become a constant in everyday life. Children need new skills, considered vital to adapt to a world in constant change. We are forced by the pressure of the rising volume of information and by rapid changes to adapt and question paradigm shifts.

How the child is valued by society is reflected in the concern that children's rights are respected and implemented in all areas of social life, be they public or private. The education of children implies the need to find solutions adapted to the new stream. The classical paradigms of education are about to be again discussed and partly changed.

The knowledge society requires new and unusual forms of exchange and reproduction of information and new forms of education. It is estimated that many changes will occur in the philosophy of teaching in the 3rd millennium.

The conference theme is providing an exceptional forum and network for researchers and practitioners in education, also encourages and supports cross-national collaborations.



## CONFERENCE THEME

### **Education beyond the crisis: new skills, children's rights and teaching contexts**

#### **Sub-themes:**

- Teaching and learning in contemporary society
- Technology and open education
- Learning opportunities inside and outside the classroom
- Teacher education – experiences and challenges
- Education in a multicultural world



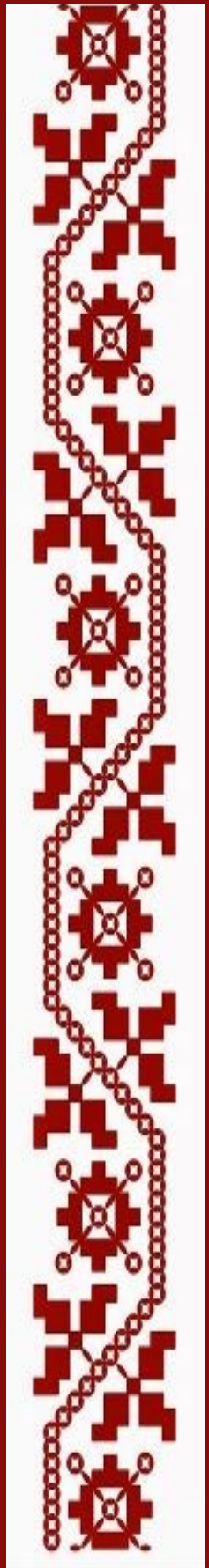
## VISION AND MISSION OF THE CONFERENCE

The vision of the conference is the creation of an educational environment, that meets the need of students for knowledge and progress, that motivates and invites them to connect with each other and communicate with teachers. Teachers and students can only together succeed in creating a better world.

If we want to know the future, we should start building it today!

### *The Mission of the conference:*

- to strengthen the community of the teachers who care;
- to change perspectives;
- to discuss about universal education in the context of current changes in the evolution of children;
- to provide moments of reflection on the teacher's mission in the future;
- to endorse both teacher and student action through authentic feedback for a better joined path;
- to share knowledge and facilitate equity in accomplishing competences.



## CONFERENCE ORGANIZATION TEAM



### **Executive Committee:**

Daniel Mara

Ioana Gabriela Mărcuț

### **Steering Committee:**

Adriana Nicu

Daniela Crețu

Carmen Maria Chișiu

Alina Georgeta Mag

Diana Mihăescu

Daniela Roxana Andron

Liana Regina Iunesch

Olivia Andrei

### **Organizing Committee:**

Ștefania Kifor

Elena Lucia Mara

Gabriela Gruber

Sara Konnerth

Lia Bologna

Cristina Anca Danciu

Geanina Ionescu

Maria Cristina Popa

## CONFERENCE SUPPORT



### Rector's greeting

The Lucian Blaga University of Sibiu has undertaken the role of major driver for social progress mastering a proactive involvement in designing the future and expanding the frontiers of knowledge in both citizens' and society's benefit.

The mission of the Lucian Blaga University of Sibiu is to promote excellence in educational and research processes applied to a wide range of disciplines.

Being regarded as an important part of Romanian higher education, the Lucian Blaga University of Sibiu is acknowledged as an innovative organization regarding academic management, study programmes and international cooperation.

In the context of an increasingly dynamic international academic environment, the Lucian Blaga University of Sibiu has successfully managed to secure its place at the forefront of events by adopting the European values of education and research. More than hundred bilateral agreements concluded with European universities, the effective implementation of the Bologna system as well as the European credit transfer system, and the development of Erasmus – the student mobility programme, are examples of our interest in internationalization.

It would be a great honor and privilege for the Lucian Blaga University of Sibiu to host such a prestigious event as the 19th Biennial Conference on Teachers and Teaching in 2019, and to welcome the members of the International Study Association on Teachers and Teaching (ISATT).

IOAN BONDREA Prof. Sc.D. Rector



## CONFERENCE SUPPORT



### Mayor's greeting

On behalf of the city of Sibiu, it would be a great pleasure to welcome the 19th Biennial Conference on Teachers and Teaching in 2019.

Sibiu was the European Capital of Culture in 2007 along with Luxemburg, which has not only been a success, but also the engine of the city's cultural economical and touristic development. Sibiu was chosen to be European Region of Gastronomy in 2019.

Sibiu, the capital of Transylvania between the 17th and 19th century, has the largest medieval old town in Romania and is in many ways a city of superlatives. It was in Sibiu that the first school opened in south-eastern Europe and teacher training has a long tradition here.

The city of Sibiu would be well-suited to host an international event focusing on education, which is one of the most important issues of every society.

We would be delighted to welcome the members of the prestigious International Study Association on Teachers and Teaching (ISATT) and proud to be able to add a new event in our century long tradition in education.

We are looking forward to seeing you in 2019!

Sincerely,  
Astrid Cora Fodor  
Mayor of Sibiu

A handwritten signature in blue ink, appearing to read 'Astrid', written over a thin blue horizontal line.

## CONFERENCE SUPPORT



### Dean's greeting

We want to offer our students the opportunity to benefit from the teaching expertise and research results of the academic staff so that they develop a vision of the world, and thereby increase their performance in the field of social sciences and humanities.

We strongly believe in the partnership between students and the academic staff on the journey towards knowledge as we constantly strive to improve the quality of the teaching and learning process.

Hosting such a high level scientific event like the 19th Biennial Conference on Teachers and Teaching, will be an unique opportunity for academics and students from around the globe to share their broad array of knowledge, perspectives and research outcomes, to create networks and to improve already created partnerships.

Dean Dr. habil Sorin RADU, Professor

### The Faculty of Social Sciences and Humanities

The Faculty of Social Sciences and Humanities holds a unique place within the Lucian Blaga University of Sibiu through the great variety of study programs. It offers 15 study programmes at BA level (Communication and Public Relations, Conservation and Restauration, Heritage Studies and Management of the Cultural Assets, History, Human Resources, International Relations and European Studies, Journalism, Political Science, Primary and Pre-School Teacher Training Programme in German Language, Primary and Pre-School Teacher Training Programme in Romanian Language, Psychology, Security Studies, Social Work, Sociology, Theology in German Language), 18 programmes at MA level and a PhD programme in the field of History.

## CONFERENCE SUPPORT

### Director's greeting



Meetings between teachers are always a challenge and a joy for those who consider education a vocation. Knowing us, weaving our experiences, sharing our problems but also successes, are making us braver, stronger, more performing, ready to fight with all obstacles and difficulties of this noble profession. To doubt as your colleagues, to find answers to the problems bothering you but feel the joy of answers are possible only when together, temple by temple, "burn" into the crucible of knowledge. And any opportunity to be together should not be wasted, no opportunity should be lost when it comes to sharing spiritual wealth with "your kinsmen". That is why, dear teachers, we believe that this meeting will be an opportunity to burden with excitement and positive energy, in the city of Sibiu, who still sips the vigor from the past, to bring up in it the children - our future. Come to celebrate together the wonderful world of education, which has no limits, no limitations. Come, let us know you and know us, because around the world, education must be the standard. We are waiting for you!

**Carmen Sonia Duse** is professor at Lucian Blaga University, Head of Teacher Education Department. With more than 30 years in the Educational field, teaching in pre-university system, as well as in the university, she is a specialist in Educational Management and Academic Management. Her professional experience was improved for some years when she was acting as a School Inspector.

## EXECUTIVE COMMITTEE



**Daniel Mara** is PhD Professor at the Department of Teacher Education, Lucian Blaga University of Sibiu. Vice Dean of the Faculty of Social and Human Sciences. He teaches Psychology of Education and Pedagogy. He has a Ph.D in Inclusive education in 2004, after a Master degree in the same domain in Italy at the Bologna University. He is author of more than 100 articles in inclusive education, cognitive and meta-cognitive development. He was trainer in some European projects with courses of psychology, member in Leonardo projects and European research projects with many universities. Coordinator: Bilateral Agreement Erasmus-Universita degli studi di Bologna-Italy; Universita degli studi di Sassari-Italy; Universita degli studi di Bergamo-Italia; Universidad de Leon-Spain; Universitat de Illes Balears-Spain; Pädagogische Hochschule Tirol Innsbruck-Austria; Via University College-Danemarca.

**Ioana Gabriela Mărcuț** is a PhD Tenured Lecturer at the Department of Teacher Education, Lucian Blaga University of Sibiu. Her research areas cover the methodology of teaching and learning mathematics and the use of ICT in schools. She is ISATT National Representative for Romania. She has a great experience in Teacher Education, more than 30 years, in both pre-university and university level. She was principal of a teacher educational high school which prepared primary and pre-primary school teachers during almost 8 years. She initiated and organized many exchanges with similar schools in Holland, France, Germany, Sweden and Switzerland and a lot of national and international events.



## STEERING COMMITTEE



**Adriana Nicu** is a Ph.D. Associated Professor at the Lucian Blaga University of Sibiu. She is teaching courses and seminars in the disciplines of Pedagogy; lecturing in the Pedagogic discipline for initial and continuing training of teachers; methodological and scientific coordination for obtaining teaching degrees. Her research domain focuses on educational policies, cooperative learning, strategies of critical thinking, using writing in teaching and learning.



**Daniela Crețu** is a PhD Associate Professor at the Lucian Blaga University of Sibiu, where she teaches educational sciences disciplines within the initial and continuous teachers training programmes. Her research interests are in the field of methodology of Instruction, critical thinking, student motivation and curriculum development.



**Carmen Maria Chișiu** is a PhD Associate Professor at the Lucian Blaga University in Sibiu, a graduate of pedagogic high school, licensed in psychology, doctor in educational sciences, with a rich and varied educational experience: mentorat, education for life, education for values, integrated school learning, interactive learning, extracurricular activities, multiple intelligences, emotional intelligence.



**Alina Georgeta Mag** is a PhD Lecturer at the Teacher Education Department of the Lucian Blaga University of Sibiu. She has extensive experience in Early Childhood Education and Teacher Training and her research areas cover these domains.

## STEERING COMMITTEE



**Liana Regina Iunesch** is a PhD Lecturer of German Didactics at the Lucian Blaga University of Sibiu. She is Director of the BA programme German Teacher Training for Primary and Kindergarten Education. She has extensive experience in teaching Didactics for teachers in schools with German as a language of instruction. Her research interests are connected to the situation of teaching and learning in schools with German as language of instruction in Romania and to language acquisition in immersion schools in general.



**Diana Mihăescu** is a PhD Associate Professor at the Teacher Education Department of the Lucian Blaga University of Sibiu. She is teaching Didactics of social human sciences and Educational communication. Her main research interests are Teacher Education and Human Intelligence.



**Daniela Roxana Andron** is a PhD Associate Professor at the Teacher Education Department of the Lucian Blaga University of Sibiu. She has experience in teacher education and teacher training for economical and technical specialists. Her research areas cover these domains.



**Olivia Andrei** is a PhD Tenured Lecturer at the Department of Teacher Education of the Lucian Blaga University of Sibiu. Main directions of research are Educational Psychology, Personal Development Counseling, Educational Partnership between School and Community and Didactics of Religion.

## ORGANIZING COMMITTEE

**Gabriela Gruber** is a PhD Associated Professor at the Lucian Blaga University of Sibiu. She has a long experience in teacher training for Early Childhood, for Primary and Secondary Education. Her research interests are focused on how to teach History and Civics through active methods, based on historical sources, in order to develop the necessary competencies with students who are studying History. The ethical aspects of the teaching process and teachers' ethical behavior represent other important targets in her research activity.



**Geanina Ionescu** is a PhD Associated Professor at the Lucian Blaga University of Sibiu, Faculty of Social and Human Sciences, Department of Teacher Education. She is teaching Creative Workshop; Education in Arts and Methods of Teaching Visual Arts; Methods for the Practical Skills; Education in Arts and Methods. Her research areas cover these domains.



**Stefania Kifor** is a PhD Lecturer at the Department of Teacher Education of the Lucian Blaga University of Sibiu. She is teaching Computer assisted teaching, ICT Techniques in Education, Sustainable Development and Didactics. Her research interests are in the field of integrating ICT techniques in Teaching and Learning and Education for Sustainable Development.



**Cristina Anca Danciu** is a PhD Lecturer at the Lucian Blaga University of Sibiu, where she teaches technical sciences disciplines (Milling Technology, Gastronomy) and also Didactics for Engineering. Her research interests are both in the field of food engineering and methodology of instruction for the students of the Food Engineering Department.



## ORGANIZING COMMITTEE

**Sara Konnerth** is a PhD Associated Professor at the Department of Teacher Education of the Lucian Blaga University of Sibiu. She is teaching Didactics of mathematics in the BA programme German Teacher Training for Primary and Kindergarten Education. Her research areas cover the methodology of teaching and learning mathematics and the use of ICT in schools.



**Elena Lucia Mara** is a PhD Professor at the Department of Teacher Education of the Lucian Blaga University of Sibiu. She is teaching Didactics of Romanian language in pre-university school, Pedagogical Practice, Romanian Literature and Literature for children. She has more than 7 years experience in pre-university school as Romanian language teacher in gymnasium and high school.



**Lia Bologa** is a PhD Tenured Lecturer at the Department of Teacher Education of the Lucian Blaga University of Sibiu. She is teaching Educational Psychology and Personality Psychology. Her main research interests are Teacher Education, Aggression in School and School Deviance.



**Maria Cristina Popa** is a PhD Tenured Lecturer at the Lucian Blaga University, Department of Teacher Education. Maria has over 7 years of experience in pre-school education, and is a member of the Romanian Pre-School Teachers Association. Maria has a PhD in Educational Science.





## THE CITY OF SIBIU



### INTERESTING FACTS ABOUT SIBIU:

Sibiu lies in the very center of Romania, in an area surrounded by mountains. The city was built in 1192 by German colonists. This accounts for the German name of the city - Hermannstadt - and for the distinctly German "character" of the city.

Currently the city is inhabited by a population of around 160,000 people, consisting of Romanians, Germans, Hungarians and others.

The city of Sibiu boasts:

- the first public library (1330);
- the first school (1380);
- the first printing house (1528);
- the first book printed with Latin letters - The Lutheran Catechism (1544);
- the oldest newspaper - "Siebenbürgische Zeitung" (1784);
- the first German theatre in Transylvania (1788);
- the first production of a Shakespearean play in Romania (1787);
- the home of the Brukenthal Art Museum, of world fame, opened to the public in 1817, three years before the famous Louvre.

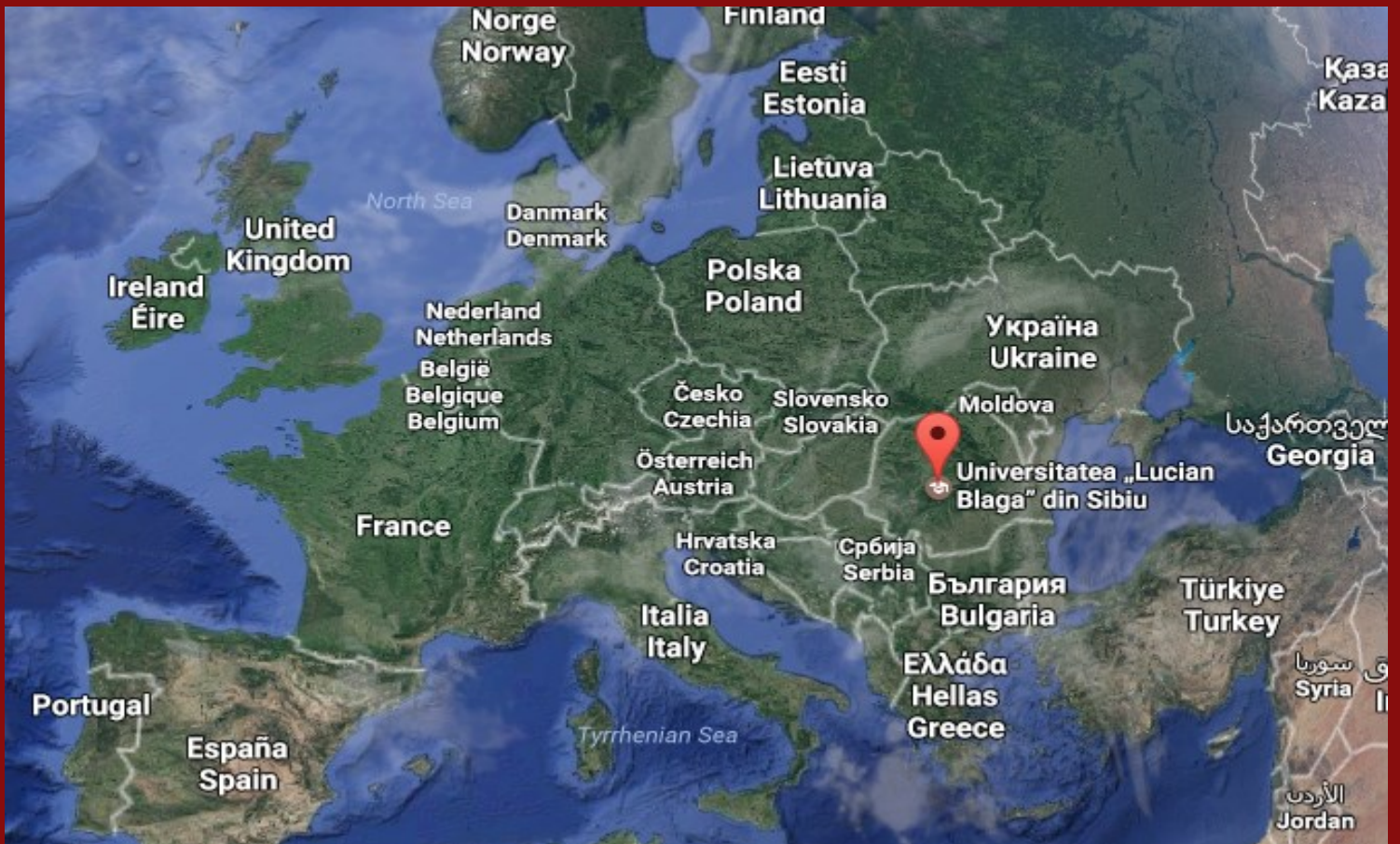
## CULTURAL EVENTS



Every year, in June, Sibiu hosts the third largest theatre festival in Europe – The International Theatre Festival. The Festival is a genuine celebration of the city, involving both theatre halls as well as non-conventional spaces, but most of all public spaces. The central squares and the streets of the historical city fill with people who enjoy the street animation and theatrical performances staged by theatrical troupes from all around the world, the light and fireworks shows, the musical and theatrical improvisation performances. The hundreds of cultural events taking place here, make the city vibrate until the late hours of the night in the warm season, entertaining the numerous city guests. An explosion of theatre, lights and music occurs during the 10 days of the International Theatre Festival, an event which you should not miss.

With over 100 events spreading over the entire year, Sibiu offers a pleasant way to spend leisure time with very diverse events, for all ages and tastes. The cultural events cover a vast area of domains: from art exhibitions to theatrical performances, from music concerts to workshops addressed to specialists or to the wide public and events which present the local gastronomy or the craft of pottery. Pop music, folkloric, rock and classic music are equally present in the calendar. Starting in April and until the end of the year, the public spaces and theatre halls are constantly animated by the most diverse events.

## WHERE WE ARE



**Sibiu** is a city in Transylvania, Romania, with a population of 147,245. Located some 215 km (134 mi) north-west of Bucharest, the capital of Romania, the city straddles the Cibin River, a tributary of the river Olt. Now the capital of Sibiu County, between 1692 and 1791 and 1849–65 Sibiu was the capital of the Principality of Transylvania.

Sibiu is one of the most important cultural centers of Romania and was designated the European Capital of Culture for the year 2007, along with the city of Luxembourg. Formerly the centre of the Transylvanian Saxons, the old city of Sibiu was ranked as "Europe's 8th-most idyllic place to live" by Forbes in 2008.

## TRANSPORT



### HOW TO GET TO SIBIU:

#### 1. SIBIU AIRPORT

The air connections of the city are insured by the Sibiu International Airport, located on national road DN1, at 6 kilometers from the city.

The destinations are: Dortmund, London, Madrid, Milano, Memmingen, Munich, Nurnberg, Stuttgart, Vienna.

Transport from the airport:

#### BUS

There is a bus station near the airport entrance, allowing connections with various areas of the city. You can buy a ticket from the dispenser placed near the station, but you need Romanian money. The ticket price is about 0,35 EUR.

#### Taxi

There is a Taxi station in front of the Terminal (on a dedicated lane). A Taxi would cost about 3 or 4 EUR.

#### Rent a car from the offices in the Airport.

Airlines operating on Sibiu International Airport:



**2. BY CAR**—Sibiu is an important node in the European road network, being on two different European routes (E68 and E81). At a national level, Sibiu is located on three different main national roads, DN1, DN7 and DN14. The Romanian Motorway A1 links the city with the Romanian western border, near Arad.

**3. BY TRAIN**—Sibiu Railway Station is not far from the historical center of the city. It is connected with Bucharest, the capital of Romania, with Budapest (Hungary), Vienna (Austria), etc.

## CONFERENCE VENUE

### “LUCIAN BLAGA” UNIVERSITY OF SIBIU, ROMANIA

The Lucian Blaga University of Sibiu is a public university in Sibiu, Romania, named after the philosopher, poet, and playwright, Lucian Blaga.

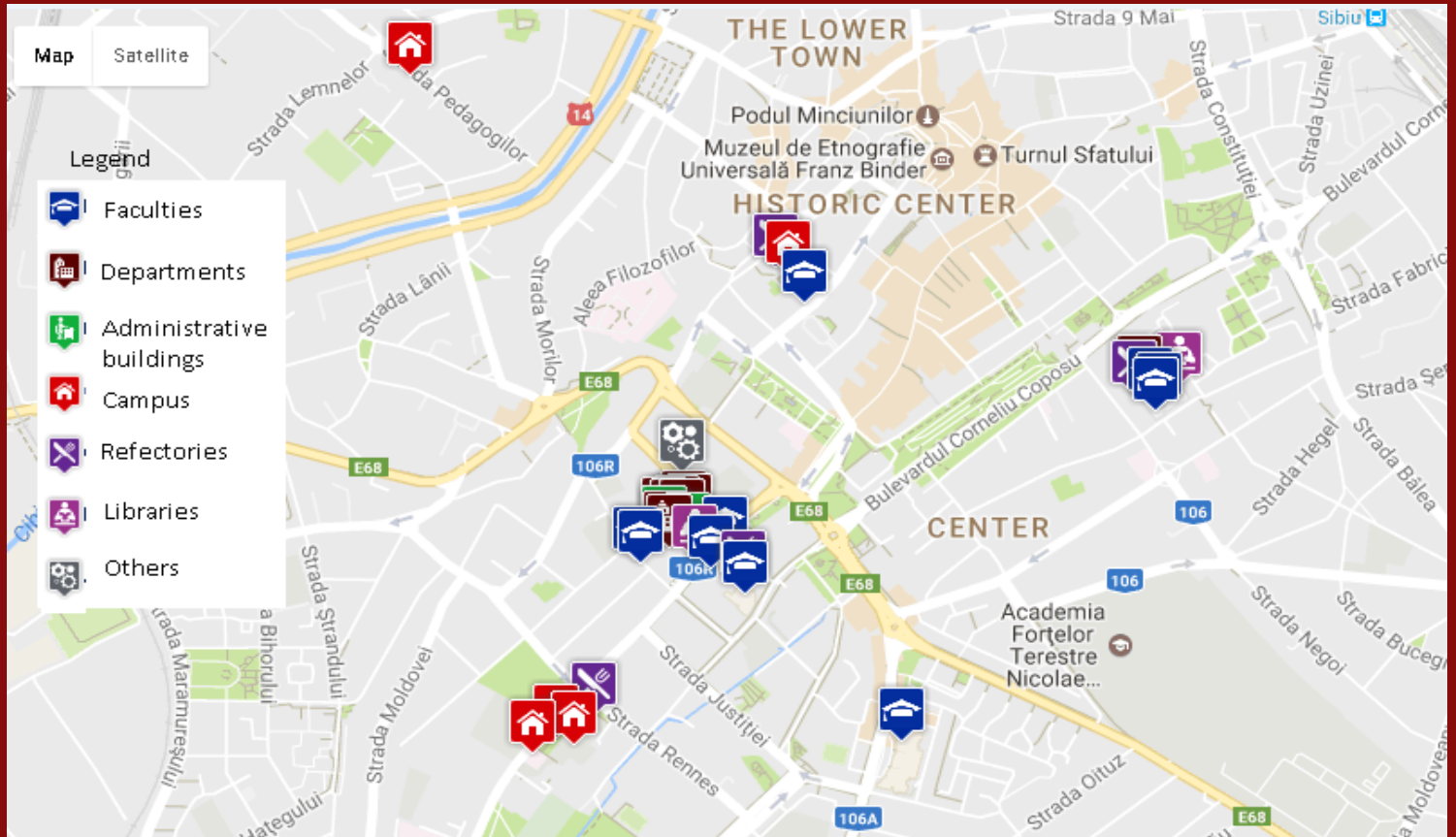
Approximately 15,000 students study each year at the Lucian Blaga University of Sibiu, enrolled in various forms of higher education, with the valuable contribution of 650 members of the teaching staff.

The “Lucian Blaga” University owns:

- 9 buildings for the Faculties
- the Rectorat edifice
- the newest buildings of the Medicine Faculty including the biggest and most modern

Universitary Library in the country

- an ULBS Academic Center
- a Student Culture House
- 22 Research Centers
- 6 hostels for students with 1850 places
- 2 canteens for meal



## CONFERENCE VENUE

The key objective of the “Lucian Blaga” University in Sibiu is to carry out a competitive educational process, meeting the standards of the EU, which grants LBUS graduates international academic and professional recognition. The university promotes unique programmes in the Romanian academic environment, and the high trust degree recommends the LBUS as being a powerful institution, committed to improving the quality of the educational process. Promoting study programmes in international languages, ICT - based teaching methods and implementing the ECTS ensures the strengthening of the educational process.



Universitate - Aula Magna



## LUCIAN BLAGA UNIVERSITY OF SIBIU



### HIGHER EDUCATION IN SIBIU - A HISTORICAL SURVEY

The long tradition of higher education in Sibiu goes back to the 18th century. The year 1786 marked the beginning of Romanian higher education in Sibiu, with a Theological-Pedagogical School and an Academy of Law, in 1844. The last one was founded by the German Population, which enjoyed at that time a privileged status in Transylvania. For twenty years the courses were taught in German but the students were not Germans of necessity. After 1865, as a result of the policy promoted by the new Austro-Hungarian authorities, the teaching of Hungarian language was imposed in schools. Courses were taught in Hungarian until 1887, when the Academy was disbanded in Sibiu.

Higher education in Sibiu witnessed a new beginning in 1940, when the University of Cluj-Napoca was forced to look for a shelter in this area, due to the Vienna Award, in the wake of which Northern Transylvania went over to Hungary. For four years, the University of Cluj flourished in Sibiu, despite the grim World War Two realities.

A quarter of century later, in 1969, the Faculty of History was founded as a branch of the University of Cluj. In 1971, the Faculty was turned into the Faculty of Philology and History, whose Department of Philology included German, English and Romanian sections. In the same year, the Faculty of Public Administration with a program not found elsewhere in Romania came into existence. The following year the Faculty of Wood Processing was established as a branch of the University of Braşov. Shortly after the 1989 Romanian Revolution, in recognition of Sibiu's certain potential as an academic center, the Ministry decreed on March, 5, 1990, the founding of a University encompassing five Schools: Letters, History and Law, Medicine, Food and Textile-Processing Technology, Engineering, and Sciences. The 12th of May 1995, the University of Sibiu was granted the name of the distinguished Romanian writer and philosopher, Lucian Blaga. The circumstances had been created for our University to become a center of academic excellence and social development.

## EXPERIENCE SIBIU



### TOURISTIC ATTRACTIONS

A medieval city with 900 years' worth of history, Sibiu preserved many testimonies of the past which present a special interest for tourists. The walls of the old fortification belts, the towers named after the guilds of Sibiu, the central squares with their rich history, the old buildings abounding in stories which occurred throughout time, many of them having hosted the city's personalities, the city's museums and everything representing the cultural life of a historic city which breathes the air of modernity and Europeanism – all these create an advantage for Sibiu, due to which it inevitably attracts tourists of all ages. Sibiu impresses due to the history of a well-known medieval center, the assets of a city which takes pride in premieres in the field of innovation, engineering, education and culture, the dynamism of a city oriented towards Europe and the values it upholds, offering the diversity sought by tourists in the locations they choose to visit.



## EXPERIENCE SIBIU

### TOURISTIC ATTRACTIONS - ASTRA MUSEUM

On foot or by carriage, you can cross more than ten kilometres of trails woven with care in the "ASTRA" Museum of Traditional Folk Civilization from Sibiu. A place where time stopped centuries ago. The history where Romans have created space of their own, making them feel unique, creative, giving them a sense of steadiness, is presented since 1905, from the first exhibition of the Museum "ASTRA". Romanian peasant life and space are included in a fairytale landscape nature reserve "Dumbrava Sibiului".

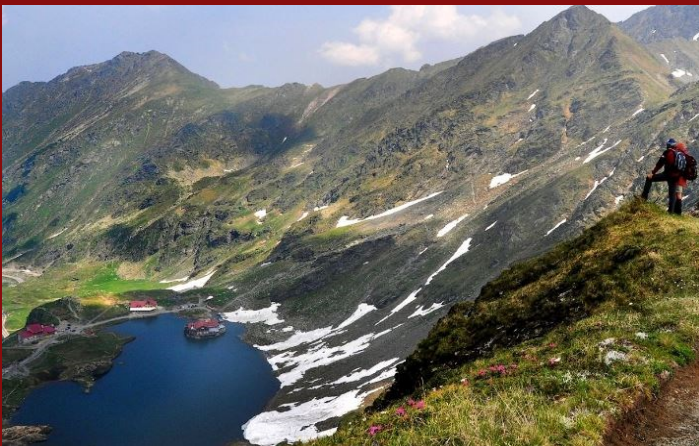


## EXPERIENCE SIBIU

### THE NATURAL BEAUTIES SURROUNDING SIBIU

Two natural reservations, seven natural parks as well as the Păltiniș resort, the oldest in Romania, can be easily explored from Sibiu, being situated in the close vicinity of the city. Sibiu also has this advantage of its geographical position, being situated at a distance of 35 km from the mountain, thus benefiting from a special natural setting. The villages around Sibiu stand out due to the exceptional natural landscape, as well as through the well-preserved and very well promoted folkloric traditions. Images like flashes from a movie with mornings when you wake up by the cattle bells, horse-drawn carts rumble, flowering meadows and scattered flocks, inviting fragrance hay, winter with street full of children with sledges, drowned wood smoke are moments lived every day by people from Marginimea Sibiului. Here, at Cindrel and Lotru's foothills the main occupation remained shepherding and traditions, music and dances are well preserved.

Whether you visit Cisnădioara, the traditional villages in the Mărginimea Sibiului, the old Saxon villages or the Păltiniș resort, you will certainly appreciate the beauty of the nature surrounding them.



## THE GASTRONOMIC EXPERIENCE

### Sibiu county - Region of Gastronomy in 2019



Traditional cuisine in this part of the country was influenced by the Saxon and Hungarian population, which is why you will enjoy a special culinary experience in Sibiu. Sibiu already has the qualities of a complete touristic location because along with the touristic objectives, it offers an exceptional spiritual heritage, but also the beauty of its traditions and a special gastronomic experience. As a matter of fact, Sibiu is preparing to be the Gastronomic Capital of Europe in 2019, thus seeking to highlight this aspect of the region of Sibiu.

The Sibiu region hosts more than 30 festivals of gastronomical culture each year. Among these events, arranged in chronological order of organization, there are included the Lola Run (*Fuga Lolelor*) in Agnita (for the donuts that are offered on the street), the Cultural Days of the county, the Mountain Peony Festival in Gura Raului, Up On Jina Mountain Festival or the Christmas fairs in Sibiu and Medias. In the Sibiu region, there are currently 88 ecologically certified producers, 175 restaurants and 3 traditional certified producers.

#### Polenta

Polenta is a traditional dish that is served in all Romania regions. Some like it with cheese, especially if the polenta is rolled in a ball with cheese inside and then roasted in the oven (*“bulz”*). Others serve it as a side dish, especially accompanied with a sauce. In the past, bread was not that popular and people used to eat polenta instead of bread.

#### Walnut Bread

Sweet Walnut Bread known as *“Cozonac cu Nuca”* is a traditional Romanian sweet bread made with raisins and walnuts or pecans enjoyed at Christmas and Easter.



<http://europeanregionofgastronomy.org/regions/sibiu-2019>

## THE GASTRONOMIC EXPERIENCE



### Different types of cheese

Although you won't find cheese delicacies like in southern France, for example, you will have the opportunity to taste homemade cheese. In the Sibiu region, you have plenty of cheese types to choose from. Why? Because several villages in this region still keep the shepherding tradition. Any respectable shepherd knows how to make cheese, but many local producers also sell their cheese at the market or at various fairs.



### Cabbage rolls

Cabbage rolls are not necessarily a "traditional" Romanian dish, but it's something that Romanians enjoy, whether it's a special occasion such as holiday, or just a meal among friends. You can find cabbage rolls in the menus of most cuisine restaurants from Sibiu, or if locals invite you to an event, you most likely will be served this dish.



### Smoked bacon

Pork meat is very popular, but you can also find several pork-based dishes such as sausages, blood sausages and other delicacies. One of them is smoked bacon. Romanian bacon is very different from what you see in stores.

It's one of the traditional dishes obtained by preparing pork fat taken from either the belly or the back of the animal, seasoned with garlic, paprika or pepper.



### Dumplings with cottage cheese and jam

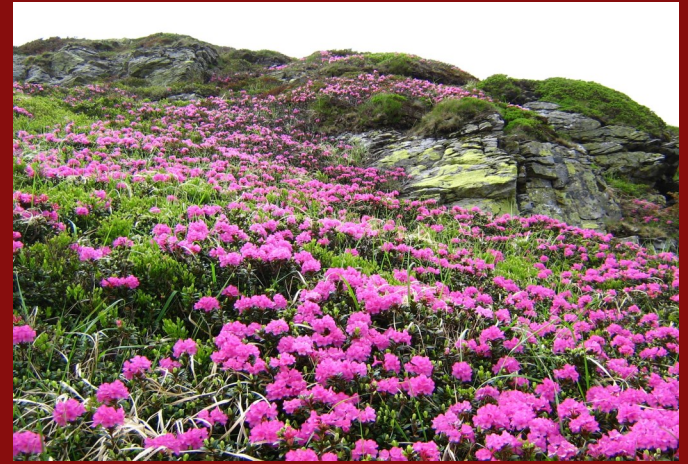
Dumplings ("*papanasi*") are a kind of sweet dessert, made from cottage cheese, eggs, flour, meal, bread crumbs and sugar. Normally, they are served with cream and jelly or jam, but they can also be sprinkled with powder sugar.

## ACCOMODATION



From 4 and 5 stars hotels to inns and hostels, Sibiu offers excellent accommodation conditions for any budget. Sibiu offers over 4,700 beds in the 25 hotels with 2, 3, 4 or 5 stars, in the over 70 pretty inns or in price-convenient hostels. Along with the preparations carried out for the year 2007, when Sibiu held the title of European Capital of Culture, but also subsequently, as the city continued to receive a growing number of tourists, the hotel and inn owners understood that the accommodation conditions must also improve in order for Sibiu to continue to be an attractive touristic location. Consequently, the services offered by hotels as well as the accommodation conditions recommend Sibiu as a good touristic location. City breaks for Easter and Christmas or on the occasion of the most important cultural and sports events taking place in the city are part of the offer of some hotels.

# MOUNTAINS AROUND SIBIU



# MOUNTAINS AROUND SIBIU



Romania is well worth exploring with its traditions, untouched villages, snow-covered peaks, deep valleys, caves, the delta, and the sea. Sibiu itself is a treasure trove: meandering medieval streets leading to hidden cozy nooks where you can sip a quiet cup of coffee for more reflective moments or piazzas teeming with life where cultural events happen on virtually daily bases in summer.

We would be very happy to welcome you to Sibiu and we look forward to fruitful discussions and enriching exchanges. We are keen to offer you an unforgettable experience in this vibrant centre of history and multiculturalism!

**19<sup>th</sup> BIENNIAL CONFERENCE  
OF INTERNATIONAL STUDY ASSOCIATION ON TEACHERS AND TEACHING**

**SIBIU, July 1<sup>st</sup>- 5<sup>th</sup> 2019  
ROMANIA**

